



**Surf INTO YOGA**  
*with Rochelle Ballard*



**A NEW YEAR,  
A NEW YOU**  
ESSENTIAL OILS &  
NATURAL HEALTHCARE

Please Join Us at the  
**North Shore Wellness Retreat**

Thursday, January 26, 2012  
@ 4:00 PM

FREE Giveaways and an Exciting &  
Informative Event that will BOOST your  
Resolution for a Happier & Healthier  
New Outlook On Life!

**RSVP to Rachell**  
808-391-3849  
surfdoterra@gmail.com

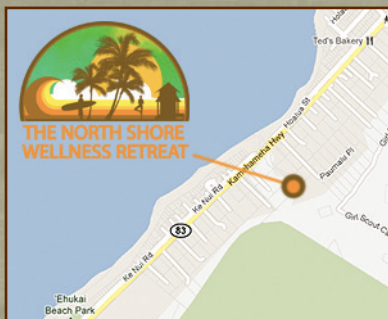
**SURF**  **dōTERRA**



**TAKE CHARGE OF YOUR FAMILY'S  
HEALTH CARE NATURALLY**

Our Program will cover:

- Reinventing Your Health Care
- Essential Oils for Natural Health
- Natural Weight Loss
- Muscle Pain Relief
- Cooking for Health
- Get Better Faster With Alternative Medicine



**The North Shore Wellness Retreat**

59-142 Kamehameha Hwy, Haleiwa, HI 96712

Tel: 808-638-8137

[northshorewellnessretreat.com](http://northshorewellnessretreat.com)