



ALOHA YOGA WORKSHOP

Join Us for a special yoga and essential oils workshop on
Saturday, February 25th
10am to 2pm

10am-12pm TWO HOUR YOGA FUSION FROM ALL FOUR OF OUR TEACHERS
(Mara Pike, Michelle Mendoza, Erica Jago, and Rochelle Ballard)

12pm-2pm DOTERRA Essential Oils
Reinventing Health Care with Essential Oils

POT LUCK LUNCH - Bring your best organic dish of love

\$15 per person

Please RSVP to
retreat@surfintoyoga.com

DIVINE POWER YOGA

KUNDALINI DAY RETREAT

with Babaji Maharaj

Sunday, February 26th

1pm to 6pm

Awaken the divine power within yourself to heal, balance, clear, open
and accelerate your evolutionary process.

Highlights include:

- Kundalini Yoga and Meditation
- Shakti Healing
- White Tantra Kriya—the Sacred Art of Soul mate Connection



This one day retreat is a master class for all spiritual seekers, students, teachers, athletes, and healers.

\$100 per person

The North Shore Wellness Retreat

59-142 Kamehameha Hwy, Haleiwa, HI 96712

Tel: 808-638-8137 • northshorewellnessretreat.com